



Sacramento Japanese
United Methodist Church (SJUMC)
Basketball Program



PARTICIPATION GUIDELINES 2026-2027

The participation of 60% (16 credits) is a Northern California Church League (NCCL) requirement. Credits can be earned during a rolling 12-month span that begins October 1, 2026 through September 30, 2027. Failure to meet the 16-credit requirement may result in your child's ineligibility for the following SJUMC Basketball season. **Minimum of 8-credits must be obtained by January 31 of the current basketball season.**

Credits can be earned from church participation/attendance and church/community volunteer service. The following activities for participation will be counted as either one (1) , two (2) , or three (3) credits per event:

- | | |
|---|-----------|
| • Worship Service Online* | 1 credit |
| • Worship Service/Sunday School in person** | 2 credits |
| • Family Ministry events (i.e. Friday Night Live) | 2 credits |
| • Vacation Bible School | 3 credits |
| • Church Summer Youth Camps for grades 6-9 and 10-12 (1 week) | 3 credits |

*** Online participants must check in with the chat host. ** If a player is not a member of SJUMC, worship service credit can be obtained at the player's home church with a signed acknowledgement of participation from a church representative.**

Credits for church or community volunteer service will count for two (2) credits per event. The following are examples of volunteer service:

- | | |
|--|-----------|
| • Church Fall or Spring Rummage Sale | 2 credits |
| • Church Spring clean-up | 2 credits |
| • Church food sales (food prep/clean-up) | 2 credits |
| • Rise Against Hunger Food Packing | 2 credits |
| • Community Service (charity walk/run or neighborhood clean-up) | 2 credits |
| • South Sacramento Interfaith Partnership (SSIP) - community food closet | 2 credits |

Other community service events that do not fall under any of the above activities are subject to approval by Lourdes Lem, Coordinator of SJUMC Basketball Participation.

The participation form to list dates of event, event, signature of event coordinator or parent, and number of credits earned is on page 2. Please save a blank form as you may need multiple forms throughout the course of the year. It is the player's responsibility to complete the form(s) and submit.

Submit participation records via email to basketball@sacjumc.com



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PARTICIPATION CREDITS 2026-2027

Player's Name: _____ P for participation credit and V for volunteer credit

DATE	EVENT	SIGNATURE OF EVENT COORDINATOR OR PARENT	P	V

Total: _____