



**Loving God, Serving Others, Transforming Lives.**

**Sacramento Japanese United Methodist Church, the Garden Church**  
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**PRELUDE 前奏**

*We invite you to quietly prepare yourself for worship.*

**WELCOME & PRAYER 歓迎と祈祷**

**\*OPENING HYMN 讚美歌**

Praise God, from Whom All Blessings Flow

UM Hymnal #95

*Praise God, from whom all blessings flow; praise him, all creatures here below;  
praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.*

**TESTIMONY**

Wayne Shimizu (video)

**MISSION REPORT**

Sue Teranishi (video)

**TESTIMONY**

Bowling Green Principal (video)  
SSIP Food Closet (video)

**OFFERING 献金**

1. use the contribution box as you leave.
2. give an online donation [www.sacjumc.com/give](http://www.sacjumc.com/give)
3. send a check to the church at our address above.

**BLESSING OF 2022 PLEDGES**

**TESTIMONY**

Asha Community Health and Development Society (video)

**GRATEFUL CONGREGATIONAL VIDEO**

**SCRIPTURE LESSON**

Arlene Hagiya

1 Thessalonians 5:16-24 (CEB)

Rejoice always. Pray continually. Give thanks in every situation because this is God's will for you in Christ Jesus. Don't suppress the Spirit. Don't brush off Spirit-inspired messages, but examine everything carefully and hang on to what is good. Avoid every kind of evil. Now, may the God of peace himself cause you to be completely dedicated to him; and may your spirit, soul, and body be kept intact and blameless at our Lord Jesus Christ's coming. The one who is calling you is faithful and will do this.

**\*HYMN OF PREPARATION 賛美歌**

*Give Thanks*

*Faith We Sing #2036*

*Give thanks with a grateful heart, give thanks to the Holy One, give thanks because He's given Jesus Christ his Son.  
Give thanks with a grateful heart, give thanks to the Holy One, give thanks because He's given Jesus Christ his Son.  
And now let the weak say, "I am strong"; let the poor say, "I am rich because of what the Lord has done for us."  
Give thanks, give thanks, give thanks.*

**MESSAGE 説教**

Gratitude Sunday I

Rev. Motoe Yamada Foor

**PREPARATION FOR PRAYER 賛美歌**

Cares Chorus

*Faith We Sing #2215*

*I cast all my cares upon you, I lay all of my burdens down at your feet,  
And anytime that I don't know what to do, I will cast all my cares upon you.*

**SILENT PRAYER & PASTORAL PRAYER 牧会祈祷**

[To Submit your prayer, please click here.](#)

**THE LORD'S PRAYER 主の祈り**

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.

**\*CLOSING HYMN 讚美歌**

*I Need You to Survive (v. 1, 2)*

*Zion Still Sings #219*

*1. I need you, you need me, we are all a part of God's body, stand with me, agree with me,  
we're all a part of God's body. It is God's will that every need be supplied, you are important to me,  
I need you to survive, you are important to me, I need you to survive.*

*2. I'll pray for you, you pray for me, I love you, I need you to survive,  
I won't harm you with words from my mouth, I love you, I need you to survive.*

**\*BENEDICTION 頌榮**

**SHARING THE PEACE OF CHRIST**

*Text, call, email, or write to someone and share with them the Peace of Christ!*

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