

PRELUDE 前奏

We invite you to quietly prepare yourself for worship.

WELCOME, ANNOUNCEMENTS & INVITATIONS 歓迎と報告

*OPENING HYMN 讚美歌

My Hope Is Built (v. 1)

UM Hymnal #368

1. My hope is built on nothing less than Jesus' blood and righteousness.
I dare not trust the sweetest frame, but wholly lean on Jesus' name.

Refrain: On Christ the solid rock I stand, all other ground is sinking sand; all other ground is sinking sand.

*THE PEACE OF CHRIST 平和の挨拶

One: The peace of Christ be with you.

All: **And also with you.**

SILENT PRAYER & PASTORAL PRAYER 牧会祈祷

THE LORD'S PRAYER 主の祈り

SCRIPTURE LESSON

Exodus 20:1-4

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth.

Exodus 20:7-17

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

HYMN OF PREPARATION 賛美歌

Spirit, Spirit of Gentleness (v.1)

Faith We Sing #2120

Refrain: Spirit, Spirit of gentleness, blow through the wilderness calling and free;

Spirit, Spirit of restlessness, stir me from placidness, Wind, Wind on the sea.

1. You moved on the waters, you called to the deep, then you coaxed up the mountains from the valleys of sleep; and over the eons you called to each thing: wake from your slumbers and rise on your wings. **Refrain**

MESSAGE 説教

Going Back to the Basics

Rev. Motoe Yamada Foor

PREPARATION FOR COMMUNION 賛美歌

Come to the Table of Grace (v.1)

Worship & Song #3168

1. Come to the table of grace. Come to the table of grace.

This is God's table; it's not yours or mine. Come to the table of grace.

THE GREAT THANKSGIVING 聖餐式

UM Hymnal #15

SHARING THE BREAD AND CUP

*CLOSING HYMN 讚美歌

As We Go

Worship & Song #3183

As we go, may your Spirit go before us. As we go, may we follow where you lead.

May we live what we have learned, share the message we have heard, and be a light unto the world as we go.

*BENEDICTION 頌栄